

Male Same-Sex Violence Lunch & Presentation
Friday, February 13, 2009
12:00-1:30 p.m.

Presenter: Jeff Edwards, Instructor, Thousand Waves Karate & Martial Arts

Contact Information Via: Marie O'Brien, Thousand Waves Karate & Martial Arts; www.thousandwaves.org;
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UIC Organizer Information: Gender & Sexuality Center, www.gsc.uic.edu, 312-413-8619

Handouts/Resources:

Thousand Waves' Stress Management and Wellness and Referral Numbers in Chicago

UIC's Campus Advocacy Network brochures

UIC's Men Against Sexual Violence (MASV)

UIC's Gender & Sexuality Center calendar and upcoming events

Summary and Highlights:

Explained and discussed Thousand Wave's Think, Yell, Run, Fight, Tell strategies.

Discussed body language.

Brainstormed the different examples of "violence" ranging from emotional examples to physical examples. One of the commonalities was around "control."

Activity: Asked participants to get in small groups. Jeff then privately told the groups to "mold" one of the people to communicate either passive, assertive, or aggressive. Then, the rest of the group had to guess.

Discussed "Setting Boundaries, "De-escalation, and "Intervention Strategies"

Focused on developing and practicing assertive language to set boundaries with people we're dating, in sexual relationships, or are our partners

Spoke and discussed avoiding relationship cycle and the Rights and Responsibilities of a Couple.

Facilitated a "NO" exercise.

Activity: Passed around note cards with a description of a situation. After reading the situation aloud, the person had to "say" words of how the person would respond. Then, there was discussion of other possible ways" to respond.

Side note: Although the presentation was titled "Male Same-Sex Violence," his presentation turned out to be gender neutral and was able to present for all genders regarding same-sex relationships.

Comments from audience:

"Comfortable" "Keep going" "Encouraging" "Good speaker" "Speaker created an emotionally safe environment" "Respectful and open space to talk"

Rating from GSC Staff: ☆☆☆☆

☆ = Poor ☆☆☆☆ = Excellent

Presenter attitude and comfort with audience

Interactive component

Knowledge of material presented

Organization of presenter

Affordability of presenter