

# LGBTQ STUDENT LEADERSHIP RETREAT AGENDA

## (ONE-DAY PROGRAM)

| INSERT DAY & DATE HERE |  |
|------------------------|--|
| 8:00 am to 8:30 am     | Check-in and Continental Breakfast   |
| 8:30 am to 9:00 am     | Welcome and Energizer (Name Game)  |
| 9:00 am to 9:30 am     | Iceberg Profile Charts – Getting to know you...a bit deeper! <ul style="list-style-type: none"> <li>▪ Top 1/3 of Individual Charts –Name/things people know by looking at participant</li> <li>▪ Lower 2/3rds: What cannot be seen: Religion, Class, Ability, etc.</li> </ul>  |
| 9:30 am to 10:45 am    | Power and Group Communication/ “Being the Star” Exercise <ul style="list-style-type: none"> <li>▪ High/Low Context Communication</li> <li>▪ How do I respond to Conflict?</li> </ul>   |
| 10:45 am – 11:00 am    | Break  |
| 11:00 am – 12:00 pm    | Power and Privilege Step Into the Circle/Cross the line  |
| 12:00 pm – 1:00 pm     | Lunch  |
| 1:00 pm – 1:15 pm      | Energizer  |
| 1:15 pm – 2:15 pm      | Personal Identity Profiles   |
| 2:15 – 4:15 pm         | True Colors Assessment and Discussion  |
| 4:15 pm – 4:30 pm      | Break  |
| 4:30 pm – 5:30 pm      | Campus Caucusing - What issues affect your campus how can you work together?   |
| 5:30 pm – 6:30 pm      | Dinner   |
| 6:30 pm – 7:30 pm      | Closing Activities – Review Day of Activities and add to Iceberg sheets... <ul style="list-style-type: none"> <li>▪ Write on chart <i>one thing</i> you will take away and change as a leader</li> </ul> Review <ul style="list-style-type: none"> <li>▪ Communication Styles</li> <li>▪ True Color Representation</li> <li>▪ Hot Buttons/Pet Peeves/Responding to Conflict</li> <li>▪ Take away/change</li> </ul> |
| 7:30 pm – 8:00 pm      | Clean-up/Evaluations/Wrap-up   |

## *(MULTI-DAY PROGRAM)*

| <b>Day One – Friday</b> |   | <i>Team Building/Getting to Know You!</i> |
|-------------------------|---|---|
|                         |   | <i>Location:</i>                          |
| 3:00pm                  | Meet at LGBTA Student Resource Center   | 101 Boucke                                |
| 3:15pm                  | Walk to vans in back parking lot – pack & leave!  | Parking Lot                               |
| 3:45pm                  | Arrive at Hartman Center: Unload Bags in Cabins   | Hartman Center                            |
| 4:15pm                  | Binders and house keeping items   | Chapel                                    |
| 4:45pm                  | Start <u>Personal Profile Chart</u><br>More of an art project at this stage - Use top ½ of paper: <ul style="list-style-type: none"> <li>▪ picture to represent yourself (fish, dragon, teddy bear, flower etc)</li> <li>▪ Name</li> <li>▪ Major</li> <li>▪ Year in school</li> <li>▪ Campus</li> </ul> | Chapel                                    |
| 5:30pm                  | <b>DINNER</b>   | <b>Dining Hall</b>                        |
| 6:45pm                  | SES   | Chapel                                    |
| 9:00pm                  | Cookies and Journaling  | Chapel                                    |
| 9:45pm                  | Evaluations: Day 1  | Chapel                                    |
| 10:00pm                 | Get ready for bed   | Cabins                                    |
| 11:00pm                 | Movie & Snacks ☺  | Chapel                                    |
| End of movie            | Lights Out EVERYONE   | Cabins                                    |

| <b>Day Two – Saturday</b> |   | <i>Who Am I? How Do I Communicate? What is a Leader?</i> |
|---------------------------|---|--|
|                           |   | <i>Location:</i>   |
| 7:15am                    | ALL WAKE UP CALL  | Cabins   |
| 8:00am                    | <b>BREAKFAST</b>  | <b>Dining Hall</b>                                       |
| 9:00am                    | Team Builder/Energizer                                  | Chapel   |
| 9:30am                    | Mailboxes!  | Chapel   |
| 10:00am                   | Personal Identity Profiles                              | Chapel   |
| 10:45am                   | Introduction to Power & Privilege                       | Chapel   |
| 12:00pm                   | <b>LUNCH with Presenters</b>                            | <b>Dining Hall</b>                                       |
| 1:15pm                    | Star Power  | Chapel   |
| 2:30pm                    | Energizer!  | Chapel   |
| 2:45pm                    | Campus Organizing, Leading Change, Responsible Activism | Chapel   |
| 3:15pm                    | Leadership Workshop                                     | Chapel   |
| 5:00pm                    | <b>FREE TIME! MAILBOXES!</b>                            | <b>Chapel</b>  |
| 5:30pm                    | <b>DINNER</b>   | <b>Dining Hall</b>                                       |
| 7:00pm                    | Quiz & Discussion                                       | Chapel   |
| 8:00pm                    | Journaling  | Chapel   |
| 8:45pm-9:30pm             | Connections!  | Chapel   |
| 9:30pm                    | Evaluations Day 2                                       | Chapel   |
| 10:00pm                   | Get ready for bed                                       | Cabins   |
| 11:00pm                   | Movie & Snacks  | Chapel   |
| End of movie              | Lights Out EVERYONE                                     | Cabins   |

**Day Three – Sunday***What I learned? Personal Profile. What vision will I take with me?**Location:*

|         |  |             |
|---------|--|-------------|
| 7:15am  | WAKE UP CALL                                 | Cabins      |
| 8:00am  | BREAKFAST                                    | Dining Hall |
| 9:00am  | Pack & load vans                             | Parking Lot |
| 10:00am | Communication Discussion                     | Chapel      |
| 11:00am | Journaling                                   | Chapel      |
| 12:00pm | LUNCH  | Dining Hall |
| 1:00pm  | Personal Profiles                            | Chapel      |
| 2:00pm  | Clean Up                                     | Chapel      |
| 2:30pm  | Closing Circle Activity (Group hugs ☺ )      | Chapel      |
| 3:00pm  | FINAL EVALUATIONS                            | Chapel      |
| 3:30pm  | Travel back to LGBTA Student Resource Center | Vans        |