



**September 27-29, 2007  
Retreat Schedule**

**Friday**

**1:00-3:00 PM**

- Travel time and introduction to small group cohorts. Modified “get to know you” activity with facilitator.
- Complete Strong Interest Inventory

**3:00-3:30 Get settled time**

**3:30-4:30 Meet camp staff, schedule review and small group get to know you activity.**

*GOAL: Getting to know people, understanding personal boundaries, beginning to develop group trust.*

**4:30-6:00 LIFELINE: mapping our experiences with small groups sharing**

*GOAL: Getting to know people, self-reflection, group dynamics.*

**6:00 -7:00 Dinner in small groups**

**7:00 -8:30 Leadership and Teamwork- Utilizing Strong Interest Inventory**

**8:30- 9:00 Introduce Retreat Journals.**

**9:00 Free time/Bed etc.**

**Saturday**

**8:30-9:00 Breakfast**

**9:00-1:00 Low Ropes Course**

*GOAL: Team Building, Communication, conflict resolution, group decision-making and group dynamics*

**1:00-2:00 Lunch**

**2:00-2:30 Group Energizer—Corners Activity:**

*GOAL: Energizer and getting to know people about individual values.*

**2:30-4:30 Speak Up! <http://www.tolerance.org/speakup/trainingtool.html>**

*GOAL: Social Justice, Group dynamics, Group values*

**4:30-5:30 Free time**

**5:30-6:30 Dinner**

**6:30-8:00 Tile Project**

**8:00-9:00 Camp Fire**

**Sunday**

**8:30-9:00 Breakfast**

**9:00-10:30 The Mind, Body, and Soul of a Leader**

**12:00- 1:00 Lunch**

**1:00-2:00 Closing Activity**

**2:00 Leave for NYC**